



Through awareness, networking and action, we will create connections, promote pro-social activities and avenues for teen involvement that will strengthen mental health and reduce substance abuse.

Teen Advocacy Coalition

General Meeting Minutes

Monday, October 10, 2016 @ 3:15pm

Raymond High School Library

In Attendance:

Jon Ashley (PCSO), Sharon Block (PCHD/TAC), Meghan Brock (PCJD), Michaela Eastham (ESD 113), Kelsey Hopstad (GHC/AmeriCorps), Gracie Manlow (PCHD), Rebecca Manlow (GHC/AmeriCorps), Lyndsey Owen (RHS/TAC), Emily Popovich (TAC/TRL), Jessica Rowlett (SBIT), Tanya Schiller (NJP), Paul Turner (WHMA), Jessica Verboomen (ESD 113)

Agenda Items:

1. Welcome and Introductions – Lyndsey Owen

a. Pop Quiz

- i. What special week will be taking place October 23rd-31st?
 1. *Red Ribbon Week*
- ii. What is the name of the curriculum TAC implemented at this year's Peer Helper Retreat?
 1. *Sources of Strength and Youth Mental Health First Aid*
- iii. Which Schools participated at the Peer Helper Retreat?
 1. *South Bend, Raymond, Willapa Valley, Naselle, Ilwaco*
- iv. What grade levels were included at the retreat?
 1. *7-12*

2. Show and Tell - Jessica Verboomen, True North - ESD 113

- a. Michaela Eastham is being trained to work in the Ilwaco school district. True North has accepted funding that will allow treatment and intervention services in the schools. The broader services will allow more students to seek resources. "Affected others" can now be provided with education and services instead of just serving students that are actively using.

3. Approval of TAC Minutes – Postponed

- a. TAC is still trying to catch up with the documentation and gathering of minutes.

4. Board Reports

a. Chair's Report

i. Summary of Board Meeting

1. DFC Coordinator Search Update

- a. A pool was narrowed down to 7 for evaluation. Kent created a rubric for which to evaluate the candidates.

2. Membership Survey

- a. The goal of the survey is to help the Capacity Building Committee get feedback in regards to meeting participation and volunteer time of the membership. The survey will be sent in two bursts; first, the survey will be sent to the active membership. Secondly, the survey will be sent to non-active members/those remaining on the list. There will be gift card prizes as incentives for filling out the survey. Tanya explained the transition to Mail Chimp email server and how TAC will be able to keep statistics in regards to members. Mail Chimp also enhances user privacy.

3. Open Board Positions

- a. There are currently 2 openings: Treasurer and Vice Chair/Co-Chair. Interested parties should contact the board.

4. AmeriCorps Update

- a. Allie Thompson was unable to attend the meeting. Magnolia Hallie had to leave her position for medical reasons. TAC is currently looking to fill a full-time, 6-month AmeriCorps position, starting in December.

5. Peer Helper Retreat

a. Update/Highlights

- i. There were 72 youth participants this year. 2 trainers led Sources of Strength and the feedback so far was really positive. Gracie and Lyndsey taught Youth Mental Health First Aid. The learning/teaching approach was shifted at this year's retreat, which got away from some of the shock and trauma raised at other retreats and focused more on youth empowerment. Each of the school groups put together thoughtful projects for the school years and excelled at their presentations.

b. Next steps for students

- i. Students will take their proposed project ideas back to their schools and will collaborate with students that did not attend the retreat.

6. Youth Coalition

- a. Red Ribbon Week
 - i. The week will take place Oct 23rd - 31st. Each north county school was given a “goodie box” with freebies and banners related to the week. Students will have info booths set up.

7. Dedicated Marijuana Account (DMA) Grant – Update

- a. The Prevention Consultants have offered their assistance with the curriculum-based class activities, such as mock trials.

8. TAC Committees

- a. Capacity Building Committee
 - i. There will be a committee meeting scheduled in November. As always, the Capacity Building is looking for volunteers. If interested, contact Sharon Block.
- b. Finance Committee
 - i. The Finance committee needs to look over the carry-over. Volunteers are welcome.
- c. Substance Abuse Prevention Committee – Sharon Block
 - i. Drug Take-Back – Saturday, October 22nd
 - 1. The Take-Back will be held at Pioneer Grocery in South Bend from 10:00am – 2:00pm
 - 2. The next SAPC meeting will be Monday, November 14th @ 1:30pm. All are welcome.
 - ii. Prevention Consultants Update
 - 1. New contracts have been signed and all officers are eligible for \$6300 for the school year. TAC is interested in having a “responsible retailer” program, similar to that in south county.

9. DFC Reports

- a. Bob Caetano is on vacation and will be back on October 17th. Bob has been working to get Match and Expenses up to date. If anyone has any lingering match sheets, they should turn them in to Bob ASAP.

10. Call for November Agenda Items

- a. Show and Tell – AmeriCorps for reporting on Service Day
- b. Red Ribbon Week – Lyndsey will try to get students to present
- c. Coordinator Search Update

11. Member Announcements

- a. Paul Turner announced job openings at Grays Harbor College for Psychology 100, English 101. In January, Paul will be starting a new position on the main campus in Aberdeen teaching work readiness through WorkFirst.
- b. Jon Ashley hopes to be able to use up more prevention consultant funding in January.
- c. Tanya announced that the DRC GH/PC will be holding a Basic Mediation Training (BMT) on October 20, 21, 22 and October 28, 29th from 9:00am – 6:00pm. The training cost will be \$350, though some of the money gets funneled back down to trained mediators. Interested parties should contact Donna Hallock.
- d. Lyndsey Owen promoted Crisis Support Network's Halloween Costume party at the Elks.
- e. Sharon Block reminded the group that flu shots are \$10 at the health department.

Next TAC Meeting: Monday, November 14, 2016
3:15pm – 4:45pm
Raymond High School Library