



Through awareness, networking and action, we will create connections, promote pro-social activities and avenues for teen involvement that will strengthen mental health and reduce substance abuse.

Teen Advocacy Coalition

General Meeting Minutes

Monday, January 9, 2017 @ 3:15pm

Raymond High School Library

Agenda Items:

1. Welcome and Introductions – Lyndsey Owen

- a. Who volunteers to take notes?
 - i. Emily Popovich volunteered
- b. Pop Quiz
 - i. Which board position still needs to be filled? How is someone elected?
 1. *Vice Chair – By a membership vote or appointed by the chair as it is after the general election*
 - ii. What is the name of the curriculum TAC is guiding in the schools?
 1. *Positive Action, Class Action*
 - iii. Activities at the December 10th event included:
 1. *Santa bean bag toss, hot chocolate, cookie decorating, The Grinch*
 - iv. Define “match hours.” How does one return to TAC?
 1. *Match is volunteer time spent doing anything related to TAC, which count towards the grant. Return hour sheets to Bob Caetano either by email or by handing forms over at the meeting.*

2. Show and Tell – Zoe Sowa – Guns & Hoses

- a. Zoe is the treasurer for Guns & Hoses this year and reported that the group just received their 501c3 status. This is the 3rd year of the event. Funds raised go to events to help out local students, which includes a scholarship fund for all 3 north county schools. Law enforcement and the fire departments compete in an annual basketball tournament. This year’s tournament will be on March 11th at South Bend High School’s Koplitz Field House beginning at 4pm, with the Championship game starting at 6pm. Tickets are \$5.00. Some tickets have been given away at each of the schools to encourage people to come out and support the event. Guns & Hoses is on

Facebook and also has their own website. For more information or to volunteer, contact Zoe @ zoe.sowa@southbend-wa.gov.

3. Approval of December TAC Minutes

- a. Kelsey Hopstad made a motion to approve the minutes. Allie Thompson seconded. All were in favor, none opposed, the motion passed.

4. Board Reports

- a. Chair's Report
 - i. Summary of Board Meeting
 1. DFC Coordinator Search Update
 - a. The board has offered the position to Michelle Buzzelli. Her first day will be February 1st. She is relocating from the east coast.
 - b. CADCA Leadership Summit
 - i. Lyndsey Owen, along with another board member (TBD) will be attending the Summit February 6-9, 2017
 - c. Vice Chair
 - i. Lyndsey Owen appointed Ryan Miskell. Officer Miskell accepted the position.
 2. AmeriCorps Update
 - a. Julia Harmon will be joining the TAC team on January 16th, also from the east coast.
 - b. DMA Grant – Positive Action
 - i. Allie Thompson reported that she has made connections with the Raymond school district but she has not yet gotten involved with South Bend or Willapa Valley.
 - ii. Beginning on January 13th – January 26th, Allie will need volunteers to work on 5 separate class periods (10:28am-11:30am) of the Class Action mock trials. She specifically is seeking law enforcement, judges, and lawyers for participation.

5. Youth Coalition

- a. Upcoming projects/new ideas
 - i. Much of the carry-over budget will be going to youth coalition. Examples include Sources of Strength, Project Purple, Tap Root Theater, South Bend High Schools Self-Awareness week, and general supply funds for each of the schools.

6. TAC Committees

- a. Capacity Building Committee

- i. A survey has been sent out to the membership. New members will need to be sure to fill out their membership application forms. TAC is still working on distributing the gift cards for those that participated in the survey and provided their names. TAC is excited for increased capacity building with the help of the new coordinator.
 - ii. TAC will be working towards solidifying their sector requirements for CADCA by examining the membership list.
 - iii. The coalition unanimously voted in Zoe Sowa as a new member and welcomed her to TAC.
 - b. Finance Committee
 - i. The Finance Committee met in December to determine the carry-over budget. The next item of business is to work on the continuation application, which will be similar to the budget of previous TAC years.
 - c. Substance Abuse Prevention Committee – Sharon Block
 - i. There have been some changes with the Prevention Consultants. Ryan Miskell has switched from South Bend to Raymond Police Department and is striving to continue working in the schools. The South Bend PD Chief Eastham and Officer Stigall will be filling in at SBHS until the next officer, Luis Gonzales is out of the academy. Deputy Ashley will be out on leave for 4 weeks so the Sheriff's department may have some gaps to fill. Currently PCs are able to work 10-11 hours per month in each of the schools, though they are encouraged to work as many hours as they would like and to invoice TAC. Funding is available and there is room to shift funds between categories. TAC also welcome additional match hours.
 - ii. The next SAPC meeting will be Monday, February 6th @ 1:30pm at the Raymond Timberland Library. All interested parties are welcome to attend. The SAPC's primary objective is to manage the Prevention Consultant's workplans, monitor the Peer Helper groups, and hold 2 drug take-backs a year.

7. DFC Reports

- a. Financial Report
 - i. Due to being short-staffed on personnel, TAC is not spending as much as it should. TAC is spending roughly \$4-5000 each month rather than \$10,000 or more each month.
 - ii. The carryover \$22,000. The budget will cover youth programs as well as the Washington DC CADCA Summit and the mid-year CADCA training for the new TAC Coordinator in Atlanta.
 - iii. Match – Members should update their hourly salary information (including benefits) to either Lyndsey or Bob. The standard volunteer rate for adults is

\$22.14. So far, TAC is right on schedule for collecting the appropriate amount of match hours.

8. Call for February Agenda Items

- a. Show and Tell – Becca Manlow volunteered to talk about Business Week.
- b. CADCA Washington DC trip

9. Member Announcements

- a. Study finds second hand THC among infants http://www.upi.com/Health_News/2016/12/09/Babies-marijuana-exposure-evident-in-their-urine/9081481315731/
- b. The National Institute on Drug Abuse (NIDA) Report <https://www.drugabuse.gov/news-events/news-releases/2016/12/teen-substance-use-shows-promising-decline>
- c. Gracie Manlow, Lyndsey Owen, & Jessica Verboomen will be facilitating the Strengthening Families Program for parents and youth ages 10-14. "Parents" are broadly defined in this sense: caregivers, guardians, and foster parents are welcome to attend. The program runs for 7 weeks. Each session includes free training, childcare, and a dinner. The program will be held at Raymond High School's Consumer Science room.
- d. Kelsey Hopstad just received funding to put on a Health Fair. There will be a planning meeting for all interested parties on Wednesday, January 11, 2017 from 1:00pm-3:00pm at Grays Harbor College Riverview Center, room 204. The fair will be a resource to anyone interested in pursuing a career in the health field.
- e. WCN mini grants have an extended deadline with a due date of January 15th. Award winners will be notified in roughly a month's time.
- f. Becky Fischer from PCYA announced that there will be a Youth Mental Health First Aid training on January 20th from 8:30am – 5:00pm at GHC Riverview for \$18 which includes 2 meals and a book.
- g. Gracie Manlow from the Pacific County Health Department announced that has officially started the "Slick Tracy" curriculum with the tri-district 6th graders for a total of 162 students. Gracie welcomed any AmeriCorps members to observe/volunteer to assist with managing the classrooms.
- h. The Healthy Youth Survey will be released in March.

10. The meeting adjourned at 4:15pm.