



General Meeting Minutes
Monday, May 11, 2020 – 3:30-4:45 pm
Zoom Meeting

Present: 12

Business	
Civic/Volunteer Group	Emily Popovich* – South Bend Kiwanis/TRL
Healthcare Professional	
Law Enforcement	Zoe Sowa, Chair – South Bend Police Department
Media	
Parent	
Religious, Fraternal Organization	
School	Nichole Page* – ESD 113/Willapa Valley High School Kat Staats – ESD 113/South Bend High School Liliana Ayala, MAL – ESD 113/Raymond High School Lyndsey Owen, Project Director – Raymond High School
State, Local, Tribal Government	Jackie Smith – Pacific County Health Department Darian Johnson – Pacific County Health Department Bethany Barnard, Vice-Chair – Chinook Indian Nation/WBH
Substance Use Reduction	Dawn Wright – True North/Raymond High School
Youth	
Youth-Serving Organization	Molly McManus – Big Brothers Big Sisters
Staff/Other	Denise Rowlett, Coordinator – Teen Advocacy Coalition

*Sector Representative

1. Member Updates

- Molly – Starting a girl’s group in north county for girls age 10-14.
- Kat – There was \$2,500 donated to South Bend families for groceries, facilitated by Vetter’s and Pioneer.
- Darian – Working on Youth Homelessness Demonstration Project (Pacific, Wahkiakum, Lewis, Mason, and Grays Harbor Counties). Beginning stages of putting together a youth for youth board; asking for recommendations or ideas to target youth ages 14-24 who have experience with homelessness.
- Bethany – Currently doing a survey for stakeholders through grant evaluators. Created an infographic for free/reduced cell phone service.
- Emily – Libraries are staying closed for a while; can open phase 3 but may not open because of CDC cleaning requirements. Contact library via Facebook or live chat on library homepage.

- 2. Show and Tell** – Family Resource Navigators Kat Staats, Liliana Ayala-Silva, and Nichole Page provided an update on their services during the pandemic. They’ve been providing assistance to get students signed up for internet and finding ways to pay for it; delivering meals for the Elks Emergency Meal Program; Nichole has also been helping deliver school breakfast/lunch at Willapa Valley; Kat has been helping with the backpack program in South Bend, started with 30 bags, now at 42; they’re partnering with the Health Department to begin helping with SNAP-Ed to get more food



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into the food banks; Liliana has been translating a lot and engaging the RHS Latina Support Facebook page; Nichole delivered art supplies to kids who were previously coming to the art program and also delivering and picking up homework for 13 kids; they're hosting Sources of Strength week with Zoom meetings Tuesday-Friday this week.

3. **Approval of Minutes** – Nichole moved and Molly seconded to approve the March 9, 2020 general meeting minutes; motion passed.
4. **Chair Report** – The board met today and discussed the Sources of Strength social media campaign, Guiding Good Choices, and are still working on a new logo.
5. **Committee Reports**
 - a. Capacity Building Committee – NSTR
 - b. Financial Committee – NSTR
 - c. Youth Arm Committee
 - Lyndsey reported that Second Step is part of the youth mental health program under the mental health promotion suicide prevention grant through HCA DBHR. Lyndsey and Kayla Camenzind made accommodations to do the program virtually. Social emotional learning kits and content were sent home.
 - There was a flower basket fundraiser to support Bloom365 expenses, should profit about \$1,200. The conference is the last week of July.
 - d. Substance Use Prevention Committee – The committee has been meeting. Allison created opioid prevention pages on the R2R website providing general information as well as safe storage, safe disposal, and resources.
6. **Sources of Strength Campaign** – Denise reported that the campaign started on April 6th and will go for 10 weeks. Last week was a prom challenge. The first four weeks there was a reach on Instagram of 2,392 and Facebook of 4,810.
7. **Guiding Good Choices** – Lyndsey shared that GGC is a parent education EBP required for the HCA DBHR grant. It started last Wednesday with seven parents participating plus one new registration so eight parents total. They had good discussion about COVID-19 and how it's impacting parenting. They do an activity from the manual plus delivered at home family kits. Kayla Camenzind is co-facilitator for the program. It's the first time it's been done virtually. Parents can still register and join this Wednesday. The program is designed for upper elementary aged children but anyone is welcome to join.
8. **Only 7 Seconds** – O7S is a mindset movement, it only takes 7 seconds to reach out to someone to see how they're doing. TAC has been talking with the founder to see about doing shirts for each of the schools. Guns & Hoses purchased bracelets and hope cards to be distributed county-wide.



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9. Other Business

- Jackie – Has items for suicide prevention, can get to us if needed.
- Bethany – EMP is still accepting referrals, at least four more weeks of meals happening.
- Color Run – Group consensus is to move forward with the event.

Next Meeting: Monday, June 8, 2020 – 3:30 pm