



Substance Use Prevention Committee Meeting Minutes
Thursday, May 28, 2020 – 12:30-1:30 pm
Zoom Meeting

In Attendance: Allison O'Rourke – Pacific County Health Department/Road 2 Resiliency
Denise Rowlett – Teen Advocacy Coalition
Jackie Smith – Pacific County Health Department/Opioid Response Team
Carole Chase – Pacific County Health Department/Wellspring
Darian Johnson – Pacific County Health Department/Youth Program Specialist

1. RX Drop Boxes

- TAC has \$2,000 allocated for permanent drop boxes and/or prevention.
- Long Beach Police Department is building a new police station behind Dennis Company in Long Beach. Allison will reach out to Chief Wright re: placement of the permanent drop box.
- Shoalwater Bay Police Department's drop box is open to public access 24/7.
- Pacific County Sheriff's Department is working with a pharmaceutical company that will replace the current permanent drop box at the South Bend Sherriff's Office, as well as install one at the LB office. The company will also pay for all shipping and destruction of disposed medication. This is a program only available to law enforcement agencies.
 - Update from Sheriff Souvenir – “We called for an update and they need to get a plan approved before they can do the installs. They are working on the plan now and have a meeting next week. If the plan is approved next week, they have 180 days to complete the installs. So, it will probably be more towards the summer before we replace the drop box and I don't have a date at this time.”
 - Chief Bergstrom will look into this program for Shoalwater.
 - Denise has been in contact with the South Bend Pharmacy, and they are in agreement to place the old drop box in the pharmacy lobby. TAC is setting some funds aside in case they need to help fund the installation.

2. Opioid Prevention Campaign

- **R2R website:** Weekly blog posts re: opioid prevention. Allison will schedule these to post on Saturdays and/or Sundays, as not to interfere with the Sources of Strength Campaign. WellSpring, TAC and Shoalwater to share. Allison will schedule posts throughout the summer so that our campaign remains active while she is on maternity leave.
 - Posted to date: “How to talk to a youth about opioid misuse,” “how to talk to your friend about opioid misuse,” and “what are opioids?”
 - Ideas for future posts:
 - Safe storage



- Locking up more than just prescription medication (marijuana and vape products, OTC medications that teens use to enhance the effects of other substances, etc.)
 - What to do in the instance of an overdose – include information about Narcan and upcoming Narcan trainings (Jackie will send this information to Allison).
 - Add info about mental health promotion and resources to each post.
 - **Lock boxes:**
 - WellSpring has \$800 for SC boxes / TAC has \$1,000 for NC boxes.
 - Gather community vote via Google Forms survey to decide on the best safe storage tool to purchase for community members. See Google Forms survey here - <https://forms.gle/VtTVpFy4nyfqGYNa6>
 - Promote and encourage voting until our next meeting – June 11th.
 - Be very intentional about distributing lock boxes:
 - Explain to community members what they are, what they are used for, and why they are important.
 - Require a name / number in exchange for the free safe storage tool. Use this information 1-3 months later to follow up. Did you like the tool? How often did you use it? ETC. Use this to evaluate for future distribution.
 - Jackie will work on a draft Strategic Plan for distribution of the lock boxes, pending reaching out to a colleague of hers.
 - North County – National Night Out may still happen on August 4th. Great opportunity to disseminate lock boxes.
 - South County – Pack2School, provide some to the PI's in the school, etc.
 - **Rack Cards:**
 - One case of each rack card has been sent down to South County. The rest are with Allison for storage in North County.
 - Discuss need/distribution of rack cards as needed.
- 3. Prevention Event**
- Virginia Leach with the Elks would like to use some of their prevention funds to do a Narcan training. Denise and Virginia discussed doing a Narcan training as part of a larger prevention event this fall as TAC's Town Hall. Denise will follow up with her when appropriate.
- 4. Other Business – None.**
- 5. Next Meeting – Thursday, May 28th at 12:30 pm via Zoom**